



# CLIFF JUMPING

Cliff jumping is an amazing activity for everyone who likes a bit of a **challenge!** Whether you're 7 or 70 years old, this is an **unforgettable experience** for everyone who wants to come **out of their comfort zone** and feel something that cannot be caught in words..

#### What to expect?

During this adventure we will move to **different locations**. We start with a little bit of **theory**, proper **safety instructions** will be given. Then we'll gradually work our way up with each person individually, according to their own skills, needs and boundaries.

If the area and weather conditions allow us to, we will go to different spots with various styles of jumps and heights (1-10 meters)

Apart from the fact that it's just an incredible experience, it also allows participants to **overcome fears** in their daily lives, which can lead to a **very therapeutic** outcome.

We at ROCKID recommend this activity to everyone, because of its diverse character.

We do want to remind you that Cliff Jumping is a **potentially dangerous activity** that should not be tried without the guidance of an experienced instructor.

Our team is vigilant with **safety** and carries a first aid kit and water rescue gear at all times.

## CLIFF JUMPING

**INCLUDES:** 4x4 PICK UP & DROP OFF\* - WATER SHOES - CLIFF JUMPING INSTRUCTOR  
SNORKELING MASKS - GOPRO VIDEOS - WATER & SOFT DRINKS - SNACKS - SPORT TOWELS

DURATION	PRICE (incl. VAT)	MIN PAX	EXTRA PERSON	MAXIMUM PAX
2.5 HOURS**	380€	2	50€	6
- large groups on request				

#### NOTES

\*Free 4x4 pickup & drop off service included within 20min of the location of the activity. Additional time will be charged extra at €30 per 15min.

\*\*Incl pickup and drop off

#### WHAT TO BRING

SUNSCREEN - HAT - SWIMSUIT  
SUNGLASSES - SPORT SHOES